



Clarity Care



# Breast Cancer Screening

## Early detection

saves lives.

Mammograms are key to early detection when breast cancer is most treatable, but they're just one part of staying proactive. Knowing your risks, doing self-exams, and consulting your doctor about changes complete your approach to breast health.

## When to start

screening.



**20s & 30s:** Start monthly breast self-exams to familiarize yourself with what's normal for you. Discuss any changes with your doctor, and consider risk assessments if you have a family history.

**40 & Up:** Women should get an annual screening mammogram starting at age 40. Those with a higher risk should talk to their doctor about starting earlier.

claritycarekc.com | 913.261.3104

9040 Quivira Road, Lenexa, KS 66215

# KC's Most comfortable mammogram



Experience a more comfortable mammogram with our advanced curved paddle, designed to reduce discomfort without sacrificing accuracy. This unique design adapts to the natural shape of the breast, providing a gentler, more personalized experience with high-quality imaging.

## Did you know?



**Most insurance plans cover screening mammograms** for women 40+ every year.



We offer affordable **cash-pay prices** for mammograms.



We offer **same-day appointments for mammograms**, so you can prioritize your breast health without the wait.

## The Clarity Care difference.

Our team will collaborate with you to develop a personalized screening plan and support you throughout the process, ensuring a comfortable and positive experience.

Please call **913.261.3104** to schedule your screening mammogram.



Details Online